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EXECUTIVE OFFICE

144 South Harrison Street East Orange, New Jersey 07018 Area Code (201) 672-1816

June 7, 1979

Sheldon S. Schoen, M.D. 120 Millburn Avenue Millburn, New Jersey 07041

Dear Doctor Schoen:

Our Council met on June 5, 1979 and we considered the resignation of Benjamin H. Safirstein, M.D. as a Crossroads Health Plan Trustee.

It is my pleasure to inform you that our Council unanimously decided to submit your name to Crossroads Health Plan to fill this vacancy on their Board.

You should therefore hear from Mr. Robert Detore concerning the dates, time and place of the Trustee's meeting.

Sincerely yours,

Robert J. Lorello, M.D. President

RJL/as

EXECUTIVE OFFICE

144 South Harrison Street East Orange, New Jersey 07018 Area Code (201) 672-1816

June 7, 1979

Mr. Robert R. Detore Executive Director Crossroads Health Plan 141 South Harrison Street East Orange, New Jersey 07018

Dear Mr. Detore:

The Council of the Essex County Medical Society met on Tuesday evening, June 5, 1979 to consider the resignation of Benjamin H. Safirstein, M.D. as a Crossroads Health Plan Trustee.

Following discussion it was unanimously decided that we forward you the name of Sheldon S. Schoen, M.D. of Millburn to fill this vacancy on your Board.

Sincerely yours,

Robert J. Lorello, M.D. President

RJL/as



Corporate Offices ● 141 South Harrison Street, East Orange, New Jersey 07018 ● (201) 676-1117

ECMS COONCIC April 26, 1979 Celuda

Benjamin Safirstein, M.D. 62 South Fullerton Avenue Montclair, New Jersey 07042

Dear Doctor Safirstein:

I have received with regret your recent letter informing me of your resignation as a Crossroads Board Member. I understand the reasons you stated.

I know that although you cannot at this time serve on the Board, your interest in Crossroads and ECHO will continue.

Thanks for your support, and I look forward to your involvement with us again in the future.

Sincerely,

Robert R. Detore Executive Director

RRD/s1

cc: Frank M. Lapeyrolerie, D.D.S. Bernard Robins, M.D.

Donald P. Beirne, M.D.

David C. Byrnes
Forrest A. Brower

Robert R. Detore Executive Director

Arthur Bernstein, M.D.

Board of Directors

Frank M. Lapeyrolerie, D.D.S., President

Alton E. Bythewood, M.D. Joel Cherashore, M.D.

Robert Cunningham, M.D.
Lawrence D'Aries, M.D.
Ronald DelMauro
Douglas Ford, Jr., M.D.
Dorothy Foundos

Mildred Barry Garvin
Monroe Kramer
Robert J. Lorello, M.D.
Richard D. Quinn, III
Bernard Robins, M.D.

Carl Ross, M.D. Benjamin Safirstein, M.D. Brenda Veltri John Winslow, M.D. Frank F. Zaccardi, D.O.

Brach, Eichler, Rosenberg, Silver, Bernstein & Hammer, Corporation Counsel

A Federally Qualified and State Certified Health Maintenance Organization

BENJAMIN HERBERT SAFIRSTEIN, M.D., P.A., F.A.C.P., F.C.C.P. MONTCLAIR MEDICAL GROUP 62 SOUTH FULLERTON AVENUE MONTCLAIR, N. J. 07042 -- 744-7840 AREA CODE 201 - 744-3900

April 23, 1979 PULMONARY DISEASES AND ASTHMA

CrossroadsHealth Plan 141 S. Harrison Street East Orange, New Jersey 07018

Attention: Mr. Detore

Dear Mr. Detore:

I regret that for personal reasons I will be forced to resign as a member of the Board of Directors of the Crossroads Health Plan. The resignation is made after considerable deliberation and thought. I would rather the Plan have someone who would be able to attend your meetings and commit himself wholeheartedly, than for someone whose priorities have unfortunately changed over the last six months.

I hope that you will view this resignation with favor, and again with greatest regrets, I am

Sincerely yours

BHS: RA

Benjamin H. Safirstein, M.D.

Frank F. Zaccardi, D. O. OSTEOPATHIC PHYSICIAN AND SURGEON 118 WHIPPANY RD. WHIPPANY, N. J. 07847 TELEPHONE 201-887-4484 124 MT. VERNON PL. IVY HILL PARK NEWARK, N. J. 07106 TELEPHONE 201-375-3055 April 19, 1979 Frank Y. Watson, M.D., President 144 South Harrison Street East Orange, NJ 07018 Dear Dr. Watson: I, too, have noticed the cordial relationship between the M.D.'s and D.O.'s of this area during the past eight years. I am also proud and pleased to know that such relationships started due to our involvement and hard work in these organizations. My personal feeling is that if a relationship exists throughout the United States, like that in Essex County between the M.D. and D.O. communities, it would bring about a better understanding of the cooperative relationship that exists between the M.D's and D.O.'s. I feel this relationship was enhanced by the assistance of Mr. Arthur Ellenberger. I have enjoyed working with these organizations and also with you in the past. I hope to continue my close relationship with you and these organizations. Jank J. Zaccardi, D.O. FZ/dp

AMERICAN MEDICAL STUDENT ASSOCIATION



NEW JERSEY MEDICAL SCHOOL 100 Bergen Street Newark, New Jersey 07103



April 27, 1979

Dear Dr. Benz,

Last month, thanks to your generous financial support, six members of our organization were able to attend the National AMSA Convention in Denver, Colorado.

The meeting was particularly valuable, as medical students from all parts of the country met and were able to discuss issues and exchange ideas concerning many aspects of medicine and health care. The energy generated in Denver was brought back home by our delegation and, in sharing our enthusiasm with the rest of our chapter, we have begun planning seminars on stress and nutrition to be offered at New Jersey Medical School in the coming months.

We wish to thank you again for your support of the medical students of our state and for your contribution which enabled us to participate actively in this convention.

Sincerely,

Paul H. Lipkin

President



THE MEDICAL SOCIETY OF NEW JERSEY STUDENT ASSOCIATION

CMNDJ-NEW JERSEY MEDICAL SCHOOL 100 Bergen Street, Room B-502 Newark, New Jersey 07103

Dear Sir:

The officers of the Student Association of MSNJ would like to thank you for your support in sending medical students to the society's annual convention. With your help we were able to send 24 students to Atlantic City.

All the students who attended told us that they enjoyed the hospitality and warmth of the society. Although some of the scientific sessions may have been a little too technical for us, they stimulated our interest and helped us realize that what we are learning in our lectures really has practical applications.

Surely the most important lesson of our trip came from our attendance at the reference committee meetings and county caucuses. In these sessions we learned that medicine has a surprisingly large political aspect in addition to its social and scientific aspects. We were amazed at how much the legislature wants to control our practice of medicine. We left the convention realizing the importance of being active members of organized medicine. This membership gives us the opportunity to fight some of these proposed restraints by collectively channelling our input into the legislative processes.

We look forward to our future involvement in the Society and we hope that we can count on you for continued help and support.

Sincerely,

Roger Thompson

President

Roger Thompson Rolin Roman Maureen Rickerhauser Robin Roman Maureen Rickerhauser

Vice-President Secretary

Fred Hertzer Fred Heitzer Secretary

Seyard Bulay Leonard Bielory

Marc Rappaport Liason

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GAS RATIONING FOR HEALTH PERSONNEL From George L. Benz, M.D., Delegate, Essex County (Reference Committee "A")

Whereas, some system of gas rationing will need to be developed because of an anticipated fuel shortage; and Whereas, physicians, nurses, and other health professionals require sufficient amounts of gasoline to properly attend to patient needs; and Whereas, health professionals must commute to hospitals, skilled nursing facilities, and homes for the aged, etc.; and 8 9 Whereas, many primary care physicians have patients who must be 10 seen at home and in more than one nursing home and hospital; and 11 12 Whereas, many specialists have patients in many different hospitals and institutions who must be seen on a daily basis and in 13 14 15 emergency situations; and 16 Whereas, the amounts of gasoline to be made available under the present rationing plan may be adequate for office personnel that 17 18 commute to one business site or institution, they would be in-19 adequate for physicians and other health care personnel to provide 20 21 patient care services; now therefore be it 22 RESOLVED, that the Medical Society of New Jersey go on record 23 that physicians, nurses, and other health professionals be 24 allocated sufficient gasoline to adequately take care of patient 25 26 needs; and be it further 27 RESOLVED, that the Medical Society of New Jersey contact all departments of government at the state level that are concerned 28 29 with fuel energy rationing to effectuate these aims; and be it 30 31 further 32 RESOLVED, that the New Jersey Delegates to the AMA be instructed 33 to draft a similar resolution for presentation at the next meeting 34 of the AMA House of Delegates so that these goals may be attained 35 36 at the national level. 37 adopted by medical Society of new Jersey House of Delegates

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EXECUTIVE OFFICES
TWO PRINCESS ROAD, LAWRENCEVILLE, NEW JERSEY 08648
TELEPHONE 609-896-1766

May 23, 1979

George L. Benz, M.D. Secretary Essex County Medical Society 144 South Harrison Street East Orange, New Jersey 07018

Dear Doctor Benz:

The accompanying resolutions submitted by the Essex County Medical Society were presented to the 1979 House of Delegates during the Society's recent Annual Meeting. The actions taken by the House of Delegates are annotated in red.

Sincerely yours,

Arthur Bernstein, M.D.

arthur Bernstein

Secretary

AB/mf Enclosure

NATIONAL HEALTH INSURANCE AND CATASTROPHIC HEALTH INSURANCE From the Essex County Medical Society (Reference Committee "A")

1 2	Whereas, the AMA House of Delegates on December 5, 1978 adopted the following resolution:
23456789011231456789011232222222233333333333334423	"Whereas, it is a recognized fact that Americans have the best medical care and delivery system in the world today, and most polls indicate the public is generally satisfied with both the quality and quantity of medical services; and
	"Whereas, the polls have consistently reflected that the American people hold their individual physician in higher regard and trust than any other professional; and
	"Whereas, it is this very personal doctor-patient relationship that will be dismantled and ultimately destroyed by national health insurance; and
	"Whereas, the primary thrust for a nationalized, social- ized system of medical care has continuously come from a political arena where logic is often lacking; and
	"Whereas, at this time, it would be unwise for organized medicine, at any level, to sponsor or support federal legislation to further nationalize or socialize physicians' services in this country; and
	"Whereas, there is a need to improve our present system not by discarding or disregarding our present one; now therefore be it
	to the Congress of the United States of America modifications to our present health care system embodying the following principles:
	 Requiring minimum standards of adequate benefits in all health insurance policies sold in the United States with appropriate deductible and coinsurance.
	2. A simple system of uniform benefits provided by the federal, state, and local governments for those in-

REJECTED

RESOLUTION OF COMMENDATION From the Essex County Medical Society (Reference Committee "A")

Whereas, Frank J. Hughes, M.D., retired as Chairman of the New
Jersey Delegation to the American Medical Association; and

Whereas, Doctor Hughes has served the Medical Society of New
Jersey in an outstanding manner with exemplary dedication for
many years as a Delegate to the AMA; now therefore be it

RESOLVED, that the Medical Society of New Jersey commend Doctor
Frank J. Hughes for his dedicated service to medicine and the
community, and for his leadership at both the state and national
levels of organized medicine.

ADOPTED BY ACCLAMATION WITHOUT REFERRAL TO A COMMITTEE

FUND FAMILY PRACTICE DEPARTMENT From the Essex County Medical Society (Reference Committee "E")

Whereas, there is and will be accentuated a shortage of family
physicians in Northern New Jersey; and

3

Whereas, this shortage can only be alleviated by the training of family physicians from the very start of their medical education; and

6 7

8 Whereas, said training programs need students indoctrinated in 9 the concepts of family practice and strongly identified with 10 the aims of family practice; and

11

Whereas, the thrust of such programs is to supply an acutely needed specialty in the various areas of New Jersey; now therefore be it

15

RESOLVED, that the Medical Society of New Jersey request the legislature of New Jersey to specifically mandate and fund a Department of Family Practice in the College of Medicine and Dentistry of New Jersey-New Jersey Medical School.

REJECTED The Reference Committee recommended:

"That this problem be referred to the Board of Trustees of the Medical Society of New Jersey for consideration of other means of persuasion to develop this Department of Family Practice (such as different use of AMA-ERF funds)."

The recommendation of the Reference Committee was adopted by the House.

REGULATION AND COST CONTAINMENT From the Essex County Medical Society (Reference Committee "F")

Whereas, many national, state and local agencies routinely inspect and regulate hospital physical facilities and activities; and 4 5 Whereas, many of their inspections are overlapping in nature and require much hospital staff time to comply with the 6 7 inspection and regulation; and 8 9 Whereas, Medicare, Medicaid, and other third party payors have 10 separate audits, and substantial cost savings could be realized 11 through a common audit; and 12 13 Whereas, it is often costly for the hospital to carry out and 14 comply with all their many and varied requirements; and 15 16 Whereas, the cost of complying with government regulations has been estimated to be as high as 25% of the daily cost of a 17 18 hospital stay; now therefore be it 19 20 RESOLVED, that the Medical Society of New Jersey support the New Jersey Hospital Association's endeavors to eliminate costly, 21 22 unnecessary overlapping of both inspection and regulatory 23 mechanisms as part of our voluntary health cost containment 24 program; and be it further 25 RESOLVED, that the AMA Delegation introduce and speak for a 26 27 similar resolution at the next meeting of the AMA House of 28 Delegates.

FIRST RESOLVED AMENDED TO READ:

RESOLVED, that as part of its voluntary health cost containment program, the Medical Society of New Jersey support the New Jersey Hospital Association's endeavors to eliminate costly, unnecessary overlapping both of inspection and regulatory mechanisms; and be it further

ADOPTED AS AMENDED BY THE REFERENCE COMMITTEE

TREATMENT OF THE COMPULSIVE GAMBLER
From the Essex County Medical Society
(Reference Committee "F")

Whereas, compulsive gambling is a self-destructive disease; 2 3 4 Whereas, there is evidence it is amenable to cure and that 5 the physician can serve as a consultant helping the gambler to shape his own rehabilitation program; and 8 Whereas, it is estimated that a rapid escalation of the 9 incidence of this disease has grown throughout the United 10 States in the past ten years; and 11 Whereas, the first in-hospital program for the treatment of 12 13 pathological gamblers began at the Brecksville Division of 14 the Cleveland VA Hospitals; and 15 16 Whereas, compulsive gamblers have a psychological uncontrol-17 lable preoccupation with gambling which can even destroy the 18 individual's life if a rehabilitation program is not available; 19 20 Whereas, one will get you five that effective rehabilitation 21 22 programs can be obtained through legislation and physician 23 counseling; now therefore be it 24 25 RESOLVED, that the Medical Society of New Jersey recognize 26 compulsive gambling as a self-destructive disease which is 27 amenable to proper rehabilitation and physician counseling; 28 and be it further 29 30 RESOLVED, that the Medical Society of New Jersey join with 31 other concerned groups to develop legislation which would 32 establish appropriate rehabilitative services in the State 33 of New Jersey.

Referred to the Council on Mental Health for investigation, with report to be made to the Board of Trustees and the House of Delegates at its next regular meeting.

AVAILABILITY OF SMALLPOX VACCINE From the Essex County Medical Society (Reference Committee "G")

Whereas, there is a shortage of smallpox vaccine in usual medical supply outlets; and

3

Whereas, Essex County physicians must send their patients to Newark Airport for smallpox vaccine; and

6

8

Whereas, vaccine should be available to local physicians so that vaccination can be done by the patient's family physician; and

9 10

Whereas, pharmaceutical manufacturers seem to have discontinued their individual and small packets of smallpox vaccine and you must purchase enough for 25 people; now therefore be it

14

RESOLVED, that the Medical Society of New Jersey prevail upon the pharmaceutical companies to produce an adequate and efficient smallpox vaccine for the American public.

RESOLVED PORTION AMENDED TO READ:

RESOLVED, that the Medical Society of New Jersey study the availability and distribution problems which developed as a result of the decrease of smallpox immunization; and be it further

RESOLVED, that the Medical Society of New Jersey prevail upon the pharmaceutical companies and the local health departments for a more feasible method of distribution and availability.

ADOPTED AS AMENDED BY THE REFERENCE COMMITTEE

BETTER NUTRITION IN THE SCHOOLS From the Essex County Medical Society (Reference Committee "G")

Whereas, good nutrition habits should start early in the elementary grades; and Whereas, audio-visual aids could be appropriately developed for such education in grades K through 12; and 6 7 Whereas, a comprehensive teaching program could be developed for presentation in all schools; and 8 9 10 Whereas, such courses could be jointly presented through the assistance of teachers, dietitians, and nursing personnel; and 11 12 Whereas, this is not impractical since some communities in New 13 14 Jersey have developed fine programs of their own which are 15 very successful; and 16 Whereas, many of the schools presently have vending machines on their premises which contain junk foods which are detrimental 17 18 19 to health; and 20 21 Whereas, physicians, teachers, and parents are justly concerned 22 over the vast consumption of junk food in the schools; now 23 therefore be it 24 25 RESOLVED, that the Medical Society of New Jersey petition the 26 New Jersey Commissioner of Education to have educational aids developed for a comprehensive program for all New Jersey schools 27 which would develop good nutrition habits at an early age to 28 29 combat present junk food consumption in the schools; and be it 30 further 31 32 RESOLVED, that fruits, fruit juices, and other healthful foods

be substituted for junk foods in school vending machines.

ADOPTED

EXECUTIVE OFFICE

144 South Harrison Street East Orange, New Jersey 07018 Area Code (201) 672-1816

nell lat.

July 5, 1979

Charles I. Nadel, M.D. 986 Sanford Avenue Irvington, New Jersey

Dear Doctor Nadel:

This is to remind you that you are Chairman of the Committee to negotiate a lease for the Essex County Medical Society office as our current one year lease expires December 31, 1979.

Members of the Committee are: Daniel N. Burbank, M.D., (239-6077), Frank Y. Watson, M.D., (746-6000 x551), and myself (751-0111).

The Building Superintendent, Mr. Albert Brockie, can be reached at 675-8100.

Sincerely yours,

Robert J. Lorello, M.D.

President

RJL/lcr

EXECUTIVE OFFICE

144 South Harrison Street East Orange, New Jersey 07018 Area Code (201) 672-1816

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Sincerely yours

Robert J. Lorello, M.D.

President

RJL/lor

EXECUTIVE OFFICE

144 South Harrison Street East Orange, New Jersey 07018 Area Code (201) 672-1816

June 7, 1979

Carolyn W. Watson, M.D. 27 Appleton Place Glen Ridge, New Jersey

Dear Doctor Watson:

Dr. Thomas M. Gocke recently resigned as a Councilor of the Essex County Medical Society. Our Council met on Tuesday evening, June 5, 1979 and I have called it to their attention that it was our duty to fill the interim term.

I am most pleased to inform you that you were unanimously elected to fill the interim term until the May 1980 Annual Meeting of the Essex County Medical Society.

Of course, the action of our Council must be confirmed at the next regular meeting of our Society next October but, I am sure this is a formality and we look forward to you serving on our Board.

Sincerely yours,

Robert J. Lorello, M.D. President

RJL/as

EXECUTIVE OFFICE

144 South Harrison Street East Orange, New Jersey 07018 Area Code (201) 672-1816

June 7, 1979

Thomas M. Gocke, M.D. 15 South 9th Street Newark, New Jersey 07107

Dear Doctor Gocke:

Your letter of resignation as a Councilor of the Essex County Medical Society was read to our Council at its meeting on June 5, 1979.

The Council directed that I inform you that your resignation was accepted with regret.

Sincerely yours,

Robert J. Lorello, M.D. President

RJL/as



Coursel

- United Hospitals Medical Center Children's Hospital of Newark Newark Eye and Ear Infirmary Presbyterian Hospital
- United Hospitals Orthopedic Center Hospital for Crippled Children and Adults

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May 14, 1979

Arthur Ellenberger Executive Secretary Essex County Medical Society 144 South Harrison Street East Orange, NJ 07018

Dear Mr. Ellenberger:

In response to your letter of May 11 concerning my appointment as Councilor of the Society, I am honored; however, I have just decided to leave my present position at United Hospitals and move to Florida.

Thus, before I start, I must resign. I apologize for any inconvenience to the Society caused by my action.

Sincerely

Thomas M. Gocke, M. D. Director of Medicine

TMG:sad

E.C.M. S. Constitution

Additional nominations by written petition may be made by three (3) or more active members in good standing and shall be sent to the Secretary at least ten (10) days before the date of the election. If additional nominations shall be received, the Secretary shall re-notify the membership in writing at least five (5) days before the election. The member(s) elected shall assume office immediately.

- c) If the office(s) as described under (b) shall become vacant less than ninety (90) days but thirty (30) days or more before the Annual Meeting, a meeting of the Council shall be called within ten (10) days by the President. The vacancy(s) shall be filled as provided under (b) above with the election at the Annual Meeting.
- d) If the office(s) as described under (b) shall become vacant less than thirty (30) days before the Annual Meeting, the office(s) shall not be filled at the Annual Meeting. Following the Annual Meeting the vacancy(s) shall be filled as provided under (b) above with the election at the regular meeting in October.
- e) If the offices of Secretary, Treasurer, Reporter and/or Councilor shall become vacant thirty (30) days or more before the Annual Meeting, the Council shall designate a member of the Society to fill the vacancy(s) until the next Annual Meeting.

The nominating Committee shall include the nomination(s) of a

candidate(s) for the vacancy(s) on the regular ballot at the Annual Meeting.

Additional nominations by written petition shall proceed as provided under 'b' above.

f) If the office(s) shall become vacant less than thirty (30) days before the Annual Meeting, the Council shall designate a member(s) of the Society to fill the vacancy(s) with the election for the vacancy(s) deferred until the regular meeting in October. (See (Constitution, Article V., Sec. 4)

At least fifteen (15) days notification before the election shall be given to the membership through the Bulletin or in writing and shall include the name(s) of the member(s) of the Society designated by the Council to fill the vacancy(s).

Additional nominations by written petition shall proceed as provided under 'b' above.

The member(s) elected shall assume office immediately.

g) Non-elective vacancies shall be filled by the President.

ARTICLE IV. THE COUNCIL. Section 1.

Voting Members:

The Officers and Councilors of the Society shall constitute the voting members of the Council.

Section 2.

Non-Voting Members:

The Past-Presidents of this Society shall be ex-officio members of the Council. They shall have

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